

**Table 1: Antidepressant Dosing Used for Acute Phase Treatment of Depression\***

Type/Class	Medication	Initial Target Dose (Level)	Maximum Dose (Level)	Recommended Administration Schedule
SSRI	Fluoxetine (Prozac)	20 mg	40-80 mg	QAM
	Paroxetine (Paxil)	20-30 mg	40-60 mg	QAM
	Sertaline (Zoloft)	50-100 mg	150-200 mg	QAM
	Citalopram (Celexa)	20 mg	60 mg	QAM
TCA	Amitriptyline	150-200 mg	300 mg	QHS
	Clomipramine	100-150 mg	250 mg	QHS
	Desipramine	150 mg (>125 ng/ml)	300 mg	QHS
	Imipramine	150 mg (IMI+DMI > 200 ng/ml)	300 mg (200-400 ng/ml)	QHS
	Nortriptyline	75-100 mg (50-150 ng/ml)	150 mg (50-150 ng/ml)	QHS
Others	Amoxapine	200-300 mg	400 mg	QHS
	Bupropion SR (Wellbutrin SR)	200-300 mg	400 mg	bid < 200 mg/dose
	Bupropion (Wellbutrin)	225-300 mg	450 mg	tid < 150 mg/dose
	Mirtazapine (Remeron)	30 mg	60 mg	QHS
	Nefazodone (Serzone)	200-400 mg	600 mg	bid
	Venlafaxine (Effexor)	150-225 mg	375 mg	bid
	Venlafaxine XR (Effexor XR)	75-225 mg	225 mg	QD
MAOIs	Phenelzine	45-60 mg	90-120 mg	QD-tid
	Tranlycypromine	30-40 mg	60-80 mg	QD-tid

**Table 2: Augmentation Dosing for Inadequate Response\***

Type/Class	Medication	Target Dose (Blood Level)	Maximum Dose (Blood Level)	Recommended Administration Schedule
Recommended Augmentation Agents	Lithium	600-1200 mg (0.4-0.6 mEq/L)	1200-1800 mg (.8-1.0 mEq/L)	BID
	T <sub>3</sub> -Cytomel	25-50 micrograms	50 micrograms	QAM
	Buspirone	25-50 mg	45-60 mg	BID-TD
Other Augmenting Agents	Dextroamphetamine	5-30 mg	60 mg	QAM
	Methylphenidate	5-30 mg	40-60 mg	BID

\*TIMA MDD Physician's Manual. 1999. Pg 11, 14.